# Minimally Invasive Gynecologic Surgery



UCHealth Women's Care Clinic -Anschutz Medical Campus Anschutz Outpatient Pavilion 1635 Aurora Court, 3rd Floor Aurora, CO 80045 (720) 848-1060 CU Medicine Obstetrics & Gynecology - Central Park 3055 Roslyn Street, Suite 230 Denver, C0 80238 (720) 553-2850

obgyn.coloradowomenshealth.com/migs





# **Center for Fibroids and Menstrual Disorders**

#### FIBROIDS AND ABNORMAL UTERINE BLEEDING

We aim to help recognize and treat heavy periods and heavy menstrual bleeding. These can be caused by uterine fibroids, polyps, adenomyosis, problems with ovulation, or other medical conditions.

Our team offers advanced imaging and other tools to accurately diagnose your bleeding. Recommended treatment options may include medical therapies, long-acting reversible contraceptives, office procedures such as hysteroscopy, fertility-sparing fibroid removal surgery (myomectomy), embolization procedures, and minimally invasive hysterectomy.

#### **OVARIAN CYSTS AND PELVIC MASSES**

Our team can evaluate pelvic and gynecologic cysts and masses to help identify those that are concerning. We provide comprehensive counseling and minimally invasive surgical management when safe and feasible.

#### **INNOVATIVE TREATMENTS**

We work with you to create individualized treatment plans that may involve minimally invasive surgeries and procedures. These include diagnostic and operative hysteroscopy, advanced laparoscopy, robotic surgery, and vaginal surgery.

#### **OUR COMMITMENT**

We aim to care for individuals from all backgrounds, races, ethnicities, genders, and sexual orientations. Our goal is to provide patient-centered care and to understand your personal story, priorities, and perspectives on your health.



# Center for Endometriosis and Chronic Pelvic Pain

#### **ENDOMETRIOSIS AND CHRONIC PELVIC PAIN**

Over 10% of individuals experience pelvic pain or painful menstrual cycles. The underlying causes are often complex, and may relate to endometriosis, adenomyosis, musculoskeletal pain, irritable bowel syndrome, interstitial cystitis, and other gynecologic and non-gynecologic conditions.

At UCHealth, our multidisciplinary team works to evaluate each person comprehensively and to develop an individualized treatment plan in coordination with other care providers. We recognize the importance of collaborating with your primary OB-GYN provider and across different medical and surgical specialties, including physical therapy, behavioral health, sexual medicine, pain anesthesia, interventional radiology, colorectal surgery, urology, and cardiothoracic surgery to maximize treatment options and improve patients' quality of life.

#### **SERVICES WE OFFER:**

- Advanced laparoscopic, robotic, vaginal, and hysteroscopic surgery
- Office-based procedures and interventions
- Medical and hormonal therapies
- Pelvic floor and myofascial injections
- Interdisciplinary care coordination

#### REFERRALS

Do you have a patient with complex benign gynecologic needs?

Place an **Ambulatory Referral to Chronic Pelvic Pain – AMC OBGYN Faculty** or call one of our clinic sites to connect with our team.

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# Meet Your Team

Our team has expertise in the medical and surgical treatment of complex benign gynecologic conditions, including laparoscopic, robotic, vaginal, and hysteroscopic surgical approaches.



## Jenny Tam, MD

- Medical Director for the UCHealth Section of Minimally Invasive Gynecologic Surgery
- Completed fellowship in Minimally Invasive Gynecologic Surgery at Montefiore Medical Center

### Megan Orlando, MD

- Co-Director of the UCHealth Center for Endometriosis & Chronic Pelvic Pain
- Completed fellowship in Minimally Invasive Gynecologic Surgery at the Cleveland Clinic





## Gabrielle Whitmore, MD, MBS

- Co-Director of the UCHealth Center for Endometriosis & Chronic Pelvic Pain
- Completed fellowship in Minimally Invasive Gynecologic Surgery at the University of Michigan